

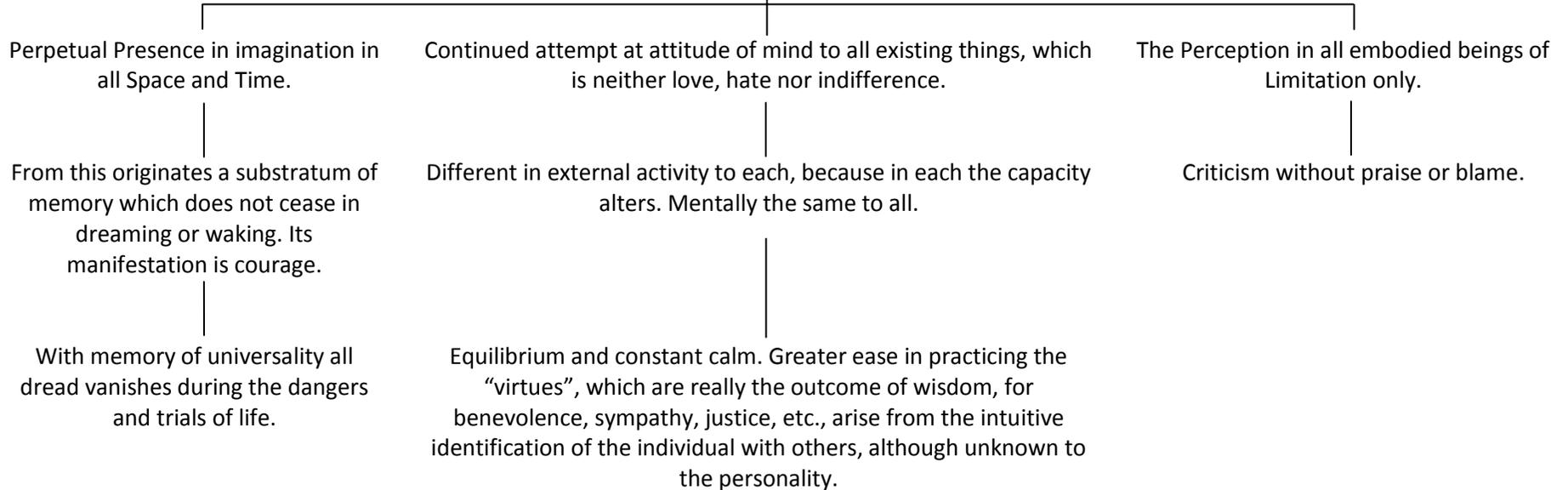
# H. P. Blavatsky's Diagram of Meditation

First conceive of UNITY by Expansion in space and infinite in Time.  
(Either with or without self-identification).

Then meditate logically and consistently on this in reference to states of consciousness.

Then the normal state of our consciousness must be molded by:

## ACQUISITIONS

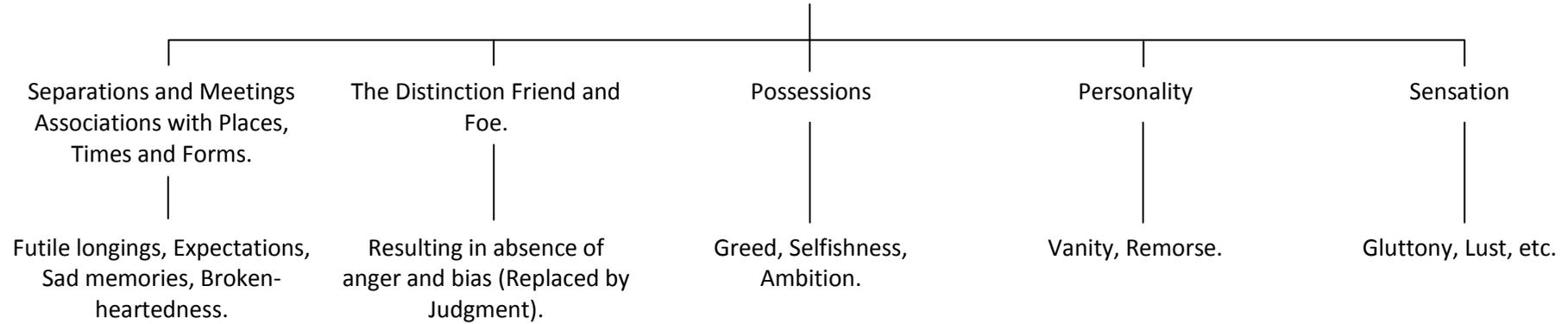


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**Note:** Acquisition is complete with the conception "I am all space and time". Beyond that ..... (it cannot be said).

## DEPRIVATIONS

Constant refusal to think of reality of:



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**Note:** These deprivations are produced by the perpetual imagination— without self-delusion\* —of “I am without”; the recognition of their being the source of bondage, ignorance and strife. “Deprivation” is completed by the meditation: “I am without attributes”.

\* There is no risk of self-delusion if the personality is deliberately forgotten.

**General note:** All the passions and virtues interblend with each other. Therefore the diagram gives only general hints.